

	PA	ATIENT INFORMATION		
First Name: MI:	Last Name:	Previous Name:	Pre	ferred Name:
Today's Date:I	D.O.BAge:	Birth Sex:Male	_Female	
SS#: Street Address:	_		☐ Divorced ☐ Separ	rated
Mailing Address (if different):		City:	State: 2	Zip code
Email Address:				
If patient is a minor, give parent's				
Pharmacy Name & Phone #:				
Name:				
Asian:Asian IndianChinJapaneseKoreanOther Asian Native Hawaiian/Other PacifNative HawaiianOtGuamanian or ChamoreSamoanBlack/African AmericatAmerican IndianDecline to Answer	neseFilipino nVietnamese ic Islander: her Pacific Islander o	Ethnicity dispanic or Latino/a or SpaMexican, Mexican AmePuerto RicanCAnother Hispanic, Lating OriginMore than one ethnicity _Non-Hispanic or Latino/ _Decline to Answer	rican, Chicano/a uban o/a or Spanish	Preferred LanguageEnglish Spanish American Sign Language Other:
Pronouns she/her he/him they/them other:	Sexual C Lesbian, gay or Straight or heter Bisexual Don't know Choose not to c	rosexual	MaleF Female-to-male Male/Trans Man Male-to-Fema Female/Trans Wom	neither exclusively male

Please Circle Your Answer Below:

- 1. Are you a U.S. Veteran? YES or NO
- 2.Are you or anyone in your family in the past 2 years been considered a Seasonal Farmworker? (A person whose source of income is earned mostly in agricultural work, without moving away from home) **YES or NO**
- 3.Are you or anyone in your family in the past 2 years been considered a Migrant Farmworker? (A person who has moved away from home and established a temporary home in order to work primarily in agriculture) **YES or NO**

	DENTAL INSURANCE INFORMATION	☐ See Card
Insurance Policy Name:	Policy Holder's	Name:
D.O.B: Group N	Name:	_
Group #:	Policy #:	
	MEDICAL INSURANCE INFORMATION	☐ See Card
Primary Insurance Name:	Policy Holder's Name:	
D.O.B: Group #:	Policy #:	
Secondary Insurance Name:	Group #	t:
PARTY RESP	ONSIBLE FOR PATIENT BILL (IF DIFFERENT TH	IAN PATIENT)
Name:	DOB:Mailing Address: _	
Best Contact Phone Number:	Relationship to Patient:	
Employer Name:	Employer Phone Number:	
CONSENT TO F	RECEIVE VOICEMAIL, TEXT AND/OR EI	MAII MESSAGES
Patients in our practice may be contacted and/or to provide healthcare reminders/portal information, and other healthcare understand that this consent will apply to	d via voicemail, email and/or text messagi information. By initialing, I consent to reconce communications and/or information from o all future communication unless I request thessages to the phone numbers provided	ng as a reminder of appointment(s), eiving appointment reminders, patient n High Country Community Health. I st a change in writing. Initial
messages at the email provided below.	_	
	Brief message (includes no health inf	
	Brief message (includes no health inf	
Revoke or Decline Use Only: I hereby dec	Brief message (includes no health info cline my consent to receive any future app ion via voicemail text messaging an	ointment reminders, patient portal
I GIVE HIGH COUNTRY COMMUNITY H	EALTH PERMISSION TO SHARE MY HEALTH PEOPLE IF REQUESTED:	I INFORMATION WITH THE FOLLOWING
Name:	Contact:	Relationship:
Name:	Contact:	Relationship:
Name:	Contact:	Relationship:
Patient or Guardian's Signature:	Date:	



Patient Name: Date of	of Birth:
Consent for Healthcare and Release of Personal Health Information: I voluntarily consent to healthcare treatment (i.e., Dental, Medical Care, a High Country Community Health (HCCH). I consent to all necessary treatm screenings, lab work, (including HIV testing), immunizations, and referrals treatment, nor the delivery of mental/behavioral health treatment is an eregarding the results of treatments or examinations by my caregivers. I ure the delivery of healthcare and that health information may be exchanged my care to ensure appropriate treatment planning and adequate care. I conformation (PHI) about me for treatment, payment, and healthcare oper include medical history or information regarding diagnosis and treatment.	and/or Behavioral Health) from the providers and staff of nent of illness and injuries and preventative care including . I am aware that neither the practice of medicine, dental xact science. No guarantees have been made to me nderstand that HCCH employs a "team based" approach to between HCCH providers and staff members involved in onsent to the use and disclosure of Protected Health ations. I understand that my medical information could
infection, HIV/AIDS or hepatitis), mental illness, alcohol or substance use. information provided by me in applying for payment under Title's V, XVIII, that I have read and understand this form. I understand that I am automa any time can op-out by visiting www.highcountrycommunityhealth.com a Carolina Statutes Section 90-21.5 protects a minor's rights to receive serv drug abuse and emotionally disturbances without parental consent. I und medical providers are not required to notify me about services provided in notification is essential to the life or health of the minor. I understand that medical provider will share information with me only if the provider consist odo so. This consent is renewable annually. I may withdraw authorization	If covered by Medicare or Medicaid, I certify that the and/or XIX of the Social Security Act is correct. I certify tically enrolled in the Health Information Exchange, but at nd completing the Opt-out form. I understand that North ices relating to sexually transmitted disease, pregnancy, erstand that according to NC General Statutes 90-21.4 in these areas unless the situation indicates that at if I request information about these services, the ders it in the best interest of my child's health and welfare
HIPAA Notice of Privacy Practice Acknowledgement: We are required, upon request, by law to provide you with our HIPAA Not disclose your health information. We are also required to obtain your sign available to you as follows: by visiting www.highcountrycommunityhealth	nature acknowledging that this notice has been made
Financial Responsibility and Assignment of Insurance Benefits: I understand that for my convenience HCCH accepts Cash, Checks (no star (dental only). I also understand that HCCH files with Medicaid, Medicare a insurance benefits to be paid to HCCH. It is my responsibility to check that prior to my first appointment. Co-pays are due and collected at the time to company does not pay its estimated portion the balance will be my responsible to the insurance. I understand that there may be additional charges health services, nutritional services, dental services, vaccines and injection. Forest Labs or Quest) will be billed separately and are not a part of HCCH. copy of my Driver's License/Photo ID is required for every patient along we Medicaid Card. High Country Community Health also providers a Sliding Feincome and household size are required to qualify. Initial	and many private insurance companies. I authorize my the HCCH is in network with my private/dental insurance the services are rendered. If for any reason my insurance insibility. I agree to promptly pay for any balance not including, but not limited to, health screening, behavioral instable sent to outside laboratories (e.g., LabCorp, Wake A separate bill from the lab company will arrive by mail. A with a copy of your Medical/Dental Insurance Card or
I understand that if I am 18 years of age or older, I may consent for health to consent for services.	n services; otherwise my parent or legal guardian will need
Signature of Patient or Authorized Person Date	

Date

Insured Party of Financial Guarantor (if different from above)

B 41 4 41	505	
Patient Name:	DOB:	Today's Date:

Patient Health Screenings for Depression and Anxiety (PHQ-9 and GAD-7):

Your health and wellness are our goals at High Country Community Health. In order to provide you with the best possible care, it is important that we have all information about your physical and mental health as well as your lifestyle habits. Whole person care means not only that the mind and body are connected, but that they affect all aspects of your health. Please complete the Patient Health Screenings below so that your medical provider is better able to help you reach and maintain your best level of health.

Over the last 2 weeks, how often have you been bothered by any of the following problems? Please circle your answers.

PHQ-9	Not at	Several	More than half	Nearly every day
	all	days	the days	
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let	0	1	2	3
yourself or your family down				
7. Trouble concentrating on things, such as reading the	0	1	2	3
newspaper or watching television				
8. Moving or speaking so slowly that other people could have	0	1	2	3
noticed. Or the opposite—being so fidgety or restless that you				
have been moving around a lot more than usual				
9. Thoughts that you would be better off dead, or of hurting	0	1	2	3
yourself in some way				
Add the score for each column				

Total Score (add your column scores): _

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people? (Circle one)

Not difficult at all Somewhat difficult Very difficult Extremely difficult

Over the <u>last 2 weeks</u>, how often have you been bothered by any of the following problems? Please circle your answers.

<u> </u>				
GAD-7	Not at	Several	More than half	Nearly every day
	all	days	the days	
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it's hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3
Add the score for each column				

Total Score (add your column scores): _

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people? (Circle one)

Not difficult at all Somewhat difficult Very difficult Extremely difficult

Initials:	[DOB:	
iiiillais.		DOB.	

AUDIT

In reference to the <u>last 12 months</u>, please circle your response.

1.	How often do y	ou have a drink	containi	ng alcohol?						
	(0) Never	(1) Monthly	(2) 2-4	times a month	(3)	2-3 times a week	(4)	4 or more times a w	eek	
2.	How many drin	ks containing al	cohol do	you have on a ty	уріса	l day when you are	drink	king?		
	(0) 1-2	(1) 3-4	(2) 5-6		(3)	7-9	(4)	10 or more		
3.	How often do y	ou have six or n	nore drin	ks on one occasi	ion?					
	(0) Never	(1) Less than m	nonthly	(2) Monthly	(3)	Weekly	(4)	Daily or almost daily	,	
4.	How often duri	ng the last year	have you	ı found that you	wer	e unable to stop drir	nking	once you started?		
	(0) Never	(1) Less than m	=	-		Weekly		Daily or almost daily	,	
5.	How often duri	ng the last year	have you	u failed to do wh	at w	as normally expecte	d of	you because of drink	ing?	
	(0) Never	(1) Less than m				Weekly		Daily or almost daily		
6.	How often duri	-	have you	u needed a drink	first	thing in the mornin	ng to	get yourself going af	er a heav	′ Y
	(0) Never	(1) Less than m	nonthly	(2) Monthly	(3)	Weekly	(4)	Daily or almost daily	,	
7.	How often duri	ng the last vear	have voi	ı felt guilt or rem	norse	e after drinking?				
	(0) Never	(1) Less than m				Weekly	(4)	Daily or almost daily	,	
8.	How often duri	ng the last year	have you	ı been unable to	rem	ember what happer	ned t	he night before beca	use of dr	inking?
	(0) Never	(1) Less than m	nonthly	(2) Monthly	(3)	Weekly	(4)	Daily or almost daily	1	
9.	Have you or so	meone else bee	n injured	as the result of	your	drinking?				
	(0) No	(2) Yes, but no	t in the la	ast year	(4)	Yes, during the last	year			
10.	Has a friend, re	lative, doctor or	other h	ealth worker bee	en co	ncerned about your	r drin	king or suggested yo	u cut dov	vn?
	(0) No	(2) Yes, but no	t in the la	ast year	(4)	Yes, during the last				
						Total Score (add	l you	r circled responses):		
				DA	ST-1	0				
		In re	ference t	o the <u>last 12 mo</u>	nths,	please circle your re	espo	nse.		
1.	Have vou used	drugs other tha	n those r	equired for med	lical r	reasons?			1.Yes	No
2.	•	nore than one d		•					2.Yes	No
3.	-		_	when you want	to?				3.Yes	No
4.	Have you had "	blackouts" or "f	lashback	s" as a result of o	drug	use?			4.Yes	No
5.	Do you ever fee	el bad or guilty a	bout you	ur drug use?					5.Yes	No
6.				•		olvement with drugs	s?		6.Yes	No
7.	-	•		e of your use of o	_				7.Yes	No
8.	Have you engag	ged in illegal act	ivities in	order to obtain o	drug	s?			8.Yes	No

9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?

10. Have you had medial problems as a result of your drug use (e.g. memory loss, hepatitis,

convulsions, bleeding, etc.)?

Total Score (add your circled YES responses):

9.Yes

10.Yes

No

No

ADULT MEDICAL HISTORY FORM

Patient Name:	Dat	e of Birth:	Today's Date:
PLEASE LIST YOUR OTHER HEALT	H CARE PROVIDERS: If you r	need more space, write on	the back of this form.
Specialty		octor's Name	Date of last visit
Primary Care Provider (PCP)			
Eye Doctor			
Dentist			
Other:			
	•		vitamins, supplements, and over the counter ications bottles to each appointment* Frequency
		200460	i requestey
<u> </u>			
			s for your medical and/or dental history.
o Blood Disease	· O	o Skin Problems	o Bad Breath
	o HIV	o Stroke/Seizures	o Bleeding Gums
-	Kidney Problems	o Stomach Problems	o Clicking/Popping Jaw
- / /	Learning Disability	o STI/STD	o Grinding Teeth
	Lung Problems (COPD,	o Vision Problems	o Loose Teeth/Broken Fillings
o Female Problems	Asthma)	o Other:	Periodontal Treatment
- / / / /	o Male Problems	o Other:	
	Mental Illness	o Other:	o Sensitivity when biting
0	o Osteoporosis		o Sores or growth in your mouth
o Heart Disease	Rheumatology/Arthritis		o Other:
ALLED CIES. Disease list any food o		a level pand many approximately	
ALLERGIES: Please list any food o	Turugs triat you are allergic t	<u> </u>	
Food or Drug		Reaction	Mild/Moderate/Severe
GYN/OB History Women Only			
Is there a possibility of pregnar	=	d delivery date:	Are you nursing? YES or NO
Are you taking Birth Control pil			
Date of last period:	_ Age when period started:	Age when pe	riod stopped (Menopause):
Date of last Pap Test:	Result of last Pap Test:	NORMAL or ABNOR	MAL Treatment:
Date of last Mammogram:	Result of last Mamr	mogram: NORMAL or A	ABNORMAL Treatment:
# of Pregnancies:	#of Miscarriages:	# of Abortions:	# of Living Children:
1)Has a physician (Medical Docto	or) recommended taking an	tihiotics prior to every dept	tal visit (nremed)? VFS or NO

2) Have you ever taken Bisphosphonates Fosamax? YES or NO

3)Do you use controlled substances (example Percocet, Hydrocodone, Tramadol)? YES or NO

Type of surgery/reason for	•		•	Doctor or f			Dat	e
FAMILY HISTORY: Please check fa	nmily membe	rs with pa	st/present					
		Father	Mother	Father's Parents	Mother's Parents	Siblings	Children	Non-Contributory
Bleeding Problems								
Bone Disease								
Cancer								
Diabetes/Thyroid Problems								
Glaucoma								
High Blood Pressure								
Kidney Problems								
Mental Illness/Depression								
Osteoporosis								
Stroke/Seizures								
Substance Abuse/Addiction								
		•	•			•	•	
SOCIAL HISTORY: Please check ar	ny health hab	its.						
Activity	Ho	w often?		Н	ow much?			Type?
Tobacco								
Alcohol								
Physical Activity								
Caffeine								
Substance Use								
			•			•		
REVIEW OF SYSTEMS (ROS): Plea	se check any	symptoms	s you curre	ently have.				
o NONE		o Ch	est pain			o Ba	ck/neck pair	1
o Fever/Chills			pitations				_	e/hands/feet
o Fatigue			dominal pai	in			int pain	
o Headache			rrhea				xiety/Depre	
o Sore throat			usea/Vomit	-			icidal though	
o Sinus pain			ctal bleedin oid weight l	_		o Ot	ner:	
CoughShortness of breath			ficulty urina	_		o Ot o Ot	her:	
o Jaw pain			rning with u	- C		0 01	iici	
		0 50	THING WILLIA	in in delicit				
DATE OF MOST RECENT VACCIN	FS:							
		_						0.1
Flu: Tetanus:	Pneun	nonia:		shingles:		COVID-19:		_ Other:
DDEVENITATIVE NACDICINIES DE LE			an af Alaa C	الع = مادروالوا	ot onele:			
PREVENTATIVE MEDICINE: Pleas		Date (Mo		onowing the		rmal Resu	I+ \M/h	ere Completed?
Colonoscopy/Colorectal Cancer		Date (IVIO	7 11) NC	ווומו הפטעו	ADIIO	illidi NESU	ic vvn	ere completeur
Prostate Cancer Screening	JUIGEIIIIR							
Bone Density								
HIV Screening								

Hep C Screening

Initials: _____ DOB: ____

PRAPARE FORM

	<u>& Resources</u>						
What is	your current housing situation?						
	I have housing.						
	I do not have housing (staying with others, in a	hote	, in a shelter, living outs	ide	on the street, on a bea	ach,	or in a park).
	I choose not to answer this question						
Are you	worried about losing your housing?						
	Yes				I choose not to answe	er thi	s question.
	No	_					
	the highest level of school that you have finished	?					
	Less than a high school degree				More than high school		
	High school diploma or GED				I choose not to answe	er thi	s question.
	your current work situation?		_	_			
	Unemployed and seeking work		L				ut not seeking work (ex. Student,
	Part-time or temporary work				retired, disabled, unp	aid p	orimary care giver)
	Full-time work						
	I choose not to answer this question.	الطفادي		C LL	a fallanda a da a a terra		ll d . d . Ch d d
	ast year, have you or any family members you live			T UN	e following when it was		
	Food		Child care				Phone
	Clothing		Medicine or any health				Other (please write in notes)
	Utilities		(medical, dental, ment		·		
	I do not have problems meeting		I choose not to answer	trii	S		
Haa laak	my needs	manta	question.		tting things pooded for	انداد	lining?
	of transportation kept you from medical appoint					aany	riivingr
	Yes, it has kept me from medical appointment Yes, it has kept me from non-medical meeting:					v livi	ng
	No	s, appi	Jillillellis, work, or gett	IIIg	tilligs fleeded for dali	y IIVI	iig.
	I choose not to answer this question.						
	Emotional Health						
	en do you see or talk to people that you care abo	ut and	fool close to 2 /For evem	nlo:	talking to friend on the	n nh	and visiting friends or family
	church or club meetings)	ut anu	ieei ciose to: (Foi exaiii	pie.	. taiking to menu on th	e piid	one, visiting menus or family,
	Less than once a week		3 to 5 times a week				I choose not to answer this
	1 or 2 times a week	П	More than 5 times a w	مما	•		question.
_	essed are you? Stress is when someone feels tens	_				mina	·
	Not at all		A little bit	СР	at hight because their		Somewhat
	Quite a bit		I choose not to answer	thi	S		Somewhat
	Very much		question.		3		
	nal Questions		900000				
	ast year have you spent more than 2 nights in a ro	w in i	ail, prison, detention cen	ter.	or juvenile correctiona	l fac	ilitv?
	Yes	,			I choose not to answe		
	No			_			5 questio
Are vou	a refugee?						
	Yes				I choose not to answe	er thi	s auestion.
	No						- 4
What co	ountry are you from?						
	United States						
	Country Other than the United States (please v	vrite i	n notes)				
	I choose not to answer this question.		,				
Do you t	feel physically and emotionally safe where you cu	rently	live?				
	Yes	•	_		Unsure		
	No				I choose not to answe	er thi	s question.
In the pa	ast year, have you been afraid of your partner or ϵ	ex-par	tner?				·
	Yes	-	_		I have not had a partr	ner ii	n the past year.
	No				I choose not to answe		
	Unsure						
	ions that will help the Patient Resource Specialist nents, please check the applicable box.	(PRS)	care team to assist you v	vith	additional needs. If yo	ur ar	swer is yes to the below
	3						
	I need help filling my taxes.						
	I need information about end of life decision	s.					I
	If I were admitted to the hospital, I would ne	ed he	lp alerting a family mem	ber	r about pets/issues to	take	care of at home.
	1 I/my family need a winter jacket						



Application for Sliding Fee Scale

An application for each household is required every 12 months.

All Employ	ment	Al	imony Pay	ments		Unemp	loyment	
SSI Disabil	ity	Re	tirement In	icome		Child S	upport Paymer	
Work First	(TANF)	So	cial Securi	ty Income		Any other Income		
Veteran Bei Name	nefit Date Of	Relationship	Income	Gross	Frequency	Front Desk	Front Desk	
Ivanic	Birth	To Patient	Source	Income Before Taxes	Paid	Calculated Annual Amount	Source of Verification	
lease initial Slid	the following ing Fee Scale	nformation given g: e eligibility is efreapply for the s	fective for	all services	s provided tod	ay until 12 mc		
lease initial Slid nderstand I v	the following ing Fee Scale will need to r	g: e eligibility is ef	fective for liding fee s	all services cale 12 mo	s provided tod nths from toda	ay until 12 mc ay.	onths from toda	
lease initial Slid nderstand I v I agrenanges.	the following ing Fee Scale will need to r	g: e eligibility is ef eapply for the s	fective for liding fee s	all services cale 12 mo Iealth imm	s provided tod nths from toda ediately if my	ay until 12 mo ay. contact or inc	onths from toda	
lease initial Slid nderstand I v I agre hanges. ligh Countr esponsible I	the following ing Fee Scale will need to ree to notify He Community Party Signatu	g: e eligibility is effeapply for the significant country Co	fective for liding fee sommunity For the section of	all services cale 12 mo Health immerere based of	s provided tod nths from toda ediately if my n inability to p	ay until 12 mo ay. contact or inc	onths from toda	

^{**}Staff: Please include income calculations in the margin of this form or on separate sheet of paper and scan it into the patients records with all income verification. **



Household Income (If completing SFS Application you may skip)

In order for our clinic to receive federal financial support for patients of low income, we ask that you complete the following annual **household** income form. No individual information is provided to the federal government.

Based on your family size, please circle the income level of your household. The dollar amounts are maximums. For example, if you have a family size of two and make \$21,151 annually (i.e., one dollar more than the first column amount), then round up and circle \$26,438. Please ask our staff for assistance if needed.

Family Size:	Annual Household income:				
1	\$15,650	\$19,563	\$23,475	\$31,300	>\$31,300
2	\$21,150	\$26,438	\$31,725	\$42,300	>\$42,300
3	\$26,650	\$33,313	\$39,975	\$53,300	>\$53,300
4	\$32,150	\$40,188	\$48,225	\$64,300	>\$64,300
5	\$37,650	\$47,063	\$56,475	\$75,300	>\$75,300
6	\$43,150	\$53,938	\$64,725	\$86,300	>\$86,300
7	\$48,650	\$60,813	\$72,975	\$97,300	>\$97,300
8	\$54,150	\$67,688	\$81,225	\$108,300	>\$108,300

For each additional household member, add \$5,500.

Patient Name.	
Patient Signature:	Date:
Staff Signature:	Date:

Dationt Name